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HPF-DIGITAL BATH- ROOM SCALE

HPF-SCALE-40195

User Manual

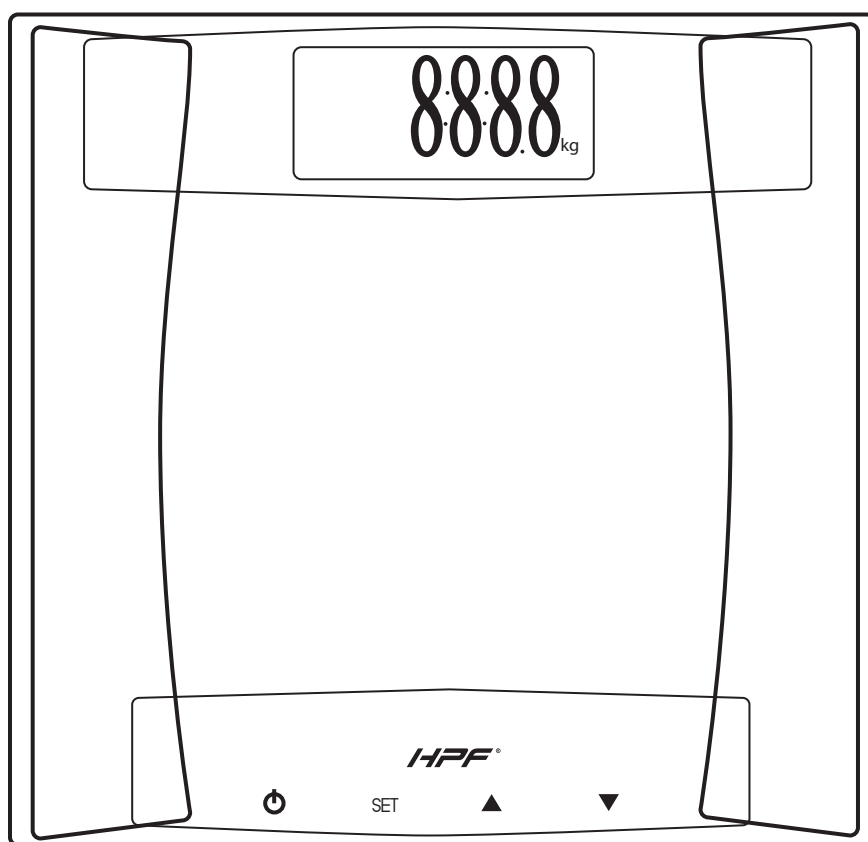


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FEATURES

SPECIFICATIONS:

Power:	1x3V—lithium battery (CR2032 button cell)
Weight Capacity:	180 kg (396lbs)
Glass:	6mm quality tempered glass
Precision:	5 digits
Display Screen:	LCD digital display
Weighing Division:	100 g / 0.2lb
Height Range Set:	80-220 cm
Age range set:	6-100 years
Memory person:	12
Fat Range Rate/Division:	3.0-50.0% / 0.1%
Water range rate/Division:	25-75% / 0.1%
Muscle range rate/Division:	25-75% / 0.1%
Bone Range/Division:	0.5-30.0kg / 0.1 kg.
Unit change function:	Kg / lb / st
Certification	CE
Item Size	31 x 30 x 2.5

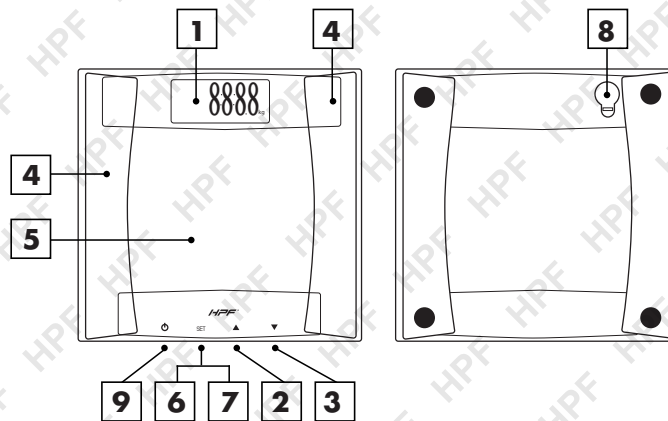
Immediately after unpacking, check that all the items are present and that the device is in perfect condition.

- 1 x Body Analyser Scale
- 1 x Battery
- 1 x Operating instructions

DESCRIPTION OF PARTS AND FEATURES

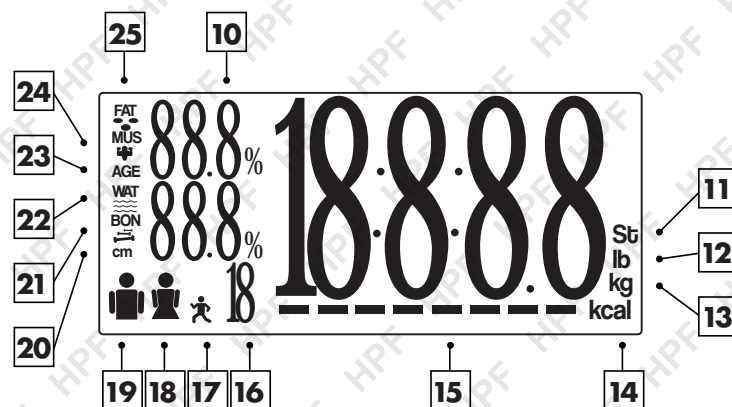
SCALES

- | | | |
|----------------|--------------------------|-----------------------------------|
| 1. LCD display | 4. Electrode | 7. Kg/lg/st button(weighing unit) |
| 2. Up button | 5. Platform | 8. Battery compartment cover |
| 3. Down Button | 6. SET button("setting") | 9. ON/OFF button |



LCD DISPLAY

- | | | |
|--|-----------------------|------------|
| 10. Percentage(of body fat, muscle,water,bone) | 15. Body fat index | 21. Bone |
| 11. unit of weight in "stones: pounds" | 16. User ID (1-12) | 22. Water |
| 12. Unit of weight in "pounds" | 17. Athlete Mode | 23. Age |
| 13. unit of weight in kilogram | 18. Female User | 24. Muscle |
| 14. Recommended daily calorie requirement | 19. Male user | 25. Fat |
| | 20. Body Height in cm | |



BEFORE GETTING STARTED

INSTRUCTIONS

Hold the UP button **(2)** or the down button **(3)** pressed down. This will speed up the process of setting the values.

Inserting/replacing the battery

The product is supplied with a battery already in place. Before the first use. Pull the battery insulation strip out from between the battery and the battery compartment **(8)**.

If the scales do not appear to work, check that the battery has been inserted correctly and reinsert it if necessary.

Note: The display indicates when it is time to replace the battery. When you step on to the scales and the battery is too weak, the LCD display **(1)** shows "o" and the scales will switch off automatically. If you see this message, replace the exhausted battery with a new battery of the same type. When you insert the battery, make sure that the contacts do not get bent.

BRINGING INTO USE

Enter your personal data

1. Press the ON/OFF button **(9)** to switch on the scales. Then press the SET button **(6)** to set your personal data.
2. Press the UP button or the DOWN button to select the data profile **(1-12)**
3. Press the SET button to confirm the selected data profile as well as to set the option of the sex **(18/19)** and the athlete mode **(17)**.
4. Press the UP button or the DOWN button to select your sex and the athlete mode.

Note: The athlete mode is a setting for sporty, highly trained or muscular person.

5. Press the SET button to confirm your entry.
6. Now make the further settings. Repeat steps **(4)** and **(5)** to set the age **(23)**, height **(20)** and weighting unit **(11/12/13)**.
7. After you have made the settings, the display will return automatically to the selection of the User ID.
8. You can either make settings for further users or measure your body weight.

Note: The scales switch off automatically after about 10 seconds if they are not used.

MEASURING BODY WEIGHT

Tip: Weigh yourself at the same time of day (preferably in the morning) after visiting the toilet, with an empty stomach and without clothing to ensure that your results are compatible.

Place the scales down on a solid, flat horizontal surface.

Step onto the platform **(5)** and do not move. Moving during the weighing process can lead to discrepancies in the results.

The scales will start to measure immediately. After blinking twice, the weight display will show the result.

Note: The scales are overloaded if the display shows:Err". Observe the maximum capacity of 180kg/396lbs/28st.

Step off the platform. The scales switch off automatically after about 20 seconds. Until then the weight measurement remains visible.

Note: The standard unit of weight is kilogram(kg).The factory default setting for the scales as supplied is "kg". Press the SET button 6.

MEASURING WEIGHT, CALORIES, FAT, WATER, BONES AND MUSCLES

- If the scales are switched off, press the ON/OFF button to switch on the scales.
- Press the UP button or the DOWN button to proceed to your user profile.

Note: As soon as you reach your user profile, all your personal data will be shown in the LC display.

Note: Press the SET button to adapt your personal data.

- Step barefoot onto the platform and do not move. Ensure that you are standing on the two electrodes **(4)**.
- The weight measurement is beginning; remain standing on the two electrodes. The measurement lasts a few seconds(display indication- - -).

MEANING OF THE INTERPRETED VALUES

- The LC display then shows the measured values three times alternating between two groups.
- Percentage of muscles²⁴, bones ²¹ and calorie requirement¹⁴.

Note: The display will show Err2, if you do not stand on the two electrodes during weighing, or if the total weight is above the weighing range.

- The scales switch off automatically after these values have been displayed.

CLEANING

- Do not use chemical cleaners or sourcing agents for cleaning the device.
- Never immerse the device in water or other liquids. Ignoring this advice may damage the device.
- Clean the device using a slightly moist cloth. For more stubborn dirt you can also apply a weak soap solution to the cloth.

DISPOSAL

Once the product life has ended or its components do not work anymore, their disposal should be carried out according to the current regulations. Exhaust batteries should be disposed of in special battery recycling bins.



Some experts believe that the incorrect or prolonged use of almost any product may cause serious injury or death. To help reduce your risk of serious injury or death, refer to the information below. For more information, see www.datastreamserver.com/safety

- Consult all documentation, packaging and product labelling before use. Note that some products feature documentation available online. It is recommended to print and retain the documentation.
- Before each use, check the product for loose/broken/damaged/missing parts, wear or leaks (if applicable). Never use a product with loose/broken/damaged/missing parts, wear or leaks.
- Products must be inspected and serviced (if applicable) by a qualified technician every 6 months. This is based on average residential use by persons of average size and strength, and on a property of average metropolitan size. Use beyond these recommendations may require more frequent inspections/servicing.
- Ensure that all users of the product have completed a suitable industry recognised training course before being allowed access to the product.
- If this product has been purchased in error when considering the information presented here, contact the retailer directly for details of their returns policy, if required.
- The product has been supplied by a general merchandise retailer that may not be familiar with your specific application or description of application. Be sure to attain third-party approval from a qualified specialist for your application before use, regardless of any assurances from the retailer or its representatives.
- This product is not intended for use where fail-safe operation is required. As with any product (for example, automobile, computer, toaster), there is the possibility of technical issues that may require the repair or replacement of parts, or the product itself. If the possibility of such failure and the associated time it may take to rectify could in any way inconvenience the user, business or employee, or financially affect the user, business or employee, then the product is not suitable for your requirements. This product is not intended for use where incorrect operation or a failure of any kind, including but not limited to, a condition requiring product return, replacement, parts replacement or service by a technician may cause financial loss, loss of employee time or an inconvenience requiring compensation.

