

# PROFLEX

## M8200 Home Gym

**PROFLEX  
ASSEMBLY**

M8200  
Home Gym



CLICK ME



## User Manual

[Revision 6.0 June 2020]

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READ THIS MANUAL CAREFULLY BEFORE USE – FAILURE TO DO SO MAY RESULT IN INJURY, PROPERTY DAMAGE AND MAY VOID WARRANTY. • KEEP THIS MANUAL FOR FUTURE REFERENCE. • Products covered by this manual may vary in appearance, assembly, inclusions, specifications, description and packaging.

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# Safety

Safety messages are designed to alert you to possible dangers or hazards that could cause death, injury or equipment or property damage if not understood or followed. Safety messages have the following symbols:



You **WILL** be KILLED or SERIOUSLY INJURED if you do not follow instructions.

It is vital that you read and understand this user manual before using the product, including safety warnings, and any assembly and operating instructions. Keep the manual for future reference.

Safety precautions and recommendations detailed here must be fully understood and followed to reduce the risk of injury, fire, explosion, electrical hazard, and/or property damage.

Safety information presented here is generic in nature – some advice may not be applicable to every product. The term "equipment" refers to the product, be it electrical mains powered, battery powered or combustion engine powered.

- **Before Use** - If you are not familiar with the safe operation/handling of the equipment or are in any way unsure of any aspect of suitability or correct use for your application, you should complete training conducted by a person or organization qualified in safe use and operation of this equipment, including fuel/electrical handling and safety.
- Do NOT operate the equipment in flammable or explosive environments, such as in the presence of flammable liquids, gases or dust. The equipment may create sparks or heat that may ignite flammable substances.
- Keep clear of moving parts.
- Equipment may be a potential source of electric shock or injury if misused.
- Do NOT operate the equipment if it is damaged, malfunctioning or is in an excessively worn state.
- Do NOT allow others to use the equipment unless they have read this manual and are adequately trained.
- Keep packaging away from children - risk of suffocation! Operators must use the equipment correctly. When using the equipment, consider conditions and pay due care to persons and property.

## General Work Area Safety

- Work areas should be clean and well lit.
- Do not operate the equipment if bystanders, animals etc are within operating range of the equipment or the general work area.
- If devices are provided for connecting dust extraction / collection facilities, ensure these are connected and used properly. Dust collection can reduce dust-related hazards.



You **CAN** be KILLED or SERIOUSLY INJURED if you do not follow instructions.

## General Personal Safety

- Wear appropriate protective equipment when operating, servicing, or when in the operating area of the equipment to help protect from eye and ear injury, poisoning, burns, cutting and crush injuries. Protective equipment such as safety goggles, respirators, non-slip safety footwear, hard hat, hearing protection etc should be used for appropriate equipment / conditions. Other people nearby should also wear appropriate personal protective equipment. Do not wear loose clothing or jewellery, which can be caught in moving parts. Keep hair and clothing away from the equipment.
- Stay alert and use common sense when operating the equipment. Do not over-reach. Always maintain secure footing and balance.
- Do not use the equipment if tired or under the influence of drugs, alcohol or medication.
- This equipment is not intended for use by persons with reduced physical, sensory or mental capabilities.

## General Fuel Safety

- Petrol/fuel/gasoline is extremely flammable – keep clear of naked flames or other ignition sources.
- Do not spill fuel. If you spill fuel, wipe it off the equipment immediately – if fuel gets on your clothing, change clothing.
- Do NOT smoke near fuel or when refuelling.
- Always shut off the engine before refuelling.
- Do NOT refuel a hot engine.
- Open the fuel cap carefully to allow any pressure build-up in the tank to release slowly.
- Always refuel in well ventilated areas.
- Always check for fuel leakage. If fuel leakage is found, do not start or run the engine until all leaks are fixed.

## General Carbon-Monoxide Safety

- Using a combustion engine indoors **CAN KILL IN MINUTES**. Engine exhaust contains carbon-monoxide – a poison you cannot smell or see.
- Use combustion engines OUTSIDE only, and far away from windows, doors and vents.



You **CAN** be INJURED if you do not follow instructions or equipment damage may occur.

## General Equipment Use and Care

- The equipment is designed for domestic use only.
- Handle the equipment safely and carefully.
- Before use, inspect the equipment for misalignment or binding of moving parts, loose components, damage or any other condition that may affect its operation. If damaged, have the equipment repaired by an authorised service centre or technician before use.
- Prevent unintentional starting of the equipment - ensure equipment and power switches are in the OFF position before connecting or moving equipment. Do not carry equipment with hands or fingers touching any controls. Remove any tools or other items that are not a part of the equipment from it before starting or switching on.
- Do not force the equipment. Use the correct equipment for your application. Equipment will perform better and be safer when used within its design and usage parameters.
- Use the equipment and accessories etc. in accordance with these instructions, considering working conditions and the work to be performed. Using the equipment for operations different from those intended could result in hazardous situations.
- Always keep equipment components (engines, hoses, handles, controls, frames, housings, guards etc) and accessories (cutting tools, nozzles, bits etc) properly maintained. Keep the equipment clean and, where applicable, properly lubricated.
- Store the equipment out of reach of children or untrained persons. To avoid burns or fire hazards, let the equipment cool completely before transporting or storing. Never place or store the equipment near flammable materials, combustible gases or liquids etc.
- The equipment is not weather-proof, and should not be stored in direct sunlight, at high ambient temperatures or locations that are damp or humid.
- Do not clean equipment with solvents, flammable liquids or harsh abrasives.
- For specific equipment safety use and care, see Equipment Safety.



**General Electrical Safety**

- Inspect electrical equipment, extension cords, power bars, and electrical fittings for damage or wear before each use. Repair or replace damaged equipment immediately.
- Ensure all power sources conform to equipment voltage requirements and are disconnected before connecting or disconnecting equipment.
- When wiring electrically powered equipment, follow all electrical and safety codes.
- Wherever possible, use a residual current device (RCD).
- High voltage / high current power lines may be present. Use extreme caution to avoid contact or interference with power lines. Electrical shock can be fatal.

**General Electrical Safety**

- Electrically grounded equipment must have an approved cord and plug and be connected to a grounded electrical outlet.
- Do NOT bypass the ON/OFF switch and operate equipment by connecting and disconnecting the electrical cord.
- Do NOT use equipment that has exposed wiring, damaged switches, covers or guards.
- Do NOT use electrical equipment in wet conditions or in damp locations.
- Do NOT use electrical cords to lift, move or carry equipment.
- Do NOT coil or knot electrical cords, and ensure electrical cords are not trip hazards.

**General Service Information**

- The equipment must be serviced or repaired at authorised service centres by qualified personnel only.
- Replacement parts must be original equipment manufacturer (OEM) to ensure equipment safety is maintained.
- Do NOT attempt any maintenance or repair work not described in this manual.
- After use, the equipment and components may still be hot – allow the equipment to cool and disconnect spark plugs and/or electrical power sources and/or batteries from it before adjusting, changing accessories or performing repair or maintenance.
- Do NOT adjust while the equipment is running.
- Perform service related activities in suitable conditions, such as a workshop.
- Replace worn, damaged or missing warning/safety labels immediately.

**Home Gym Safety**





















This exercise machine is built for optimum safety. However, certain precautions apply whenever you operate a piece of exercise equipment. Be sure to read the entire manual before you assemble or operate your machine. In particular, note the following safety precautions:















- Keep children and pets away from the machine at all times. DO NOT leave children unattended in the same room with the machine.
- Only one person at a time should use the machine.
- If the user experiences dizziness, nausea, chest pain, or any other abnormal symptoms, STOP the workout at once. CONSULT A PHYSICIAN IMMEDIATELY.
- Position the machine on a clear, levelled surface. DO NOT use the machine near water or outdoors.
- Keep hands away from all moving parts.
- Always wear appropriate workout clothing when exercising. DO NOT wear robes or other clothing that could become caught in the machine. Running or aerobic shoes are also required when using the machine.
- Use the machine only for its intended use as described in this manual. DO NOT use attachments not recommended by the manufacturer.
- Do not place any sharp object around the machine.
- Disabled person should not use the machine without a qualified person or physician in attendance.
- Before using the machine to exercise, always do stretching exercises to properly warm up.
- Never operate the machine if the machine is not functioning properly.
- **Weight limit:** 120kg maximum.

**WARNING: BEFORE BEGINNING ANY EXERCISE PROGRAM, CONSULT YOUR PHYSICIAN. THIS IS ESPECIALLY IMPORTANT FOR INDIVIDUALS OVER THE AGE OF 35 OR PERSONS WITH PRE-EXISTING HEALTH PROBLEMS. READ ALL INSTRUCTIONS BEFORE USING ANY FITNESS EQUIPMENT.**

## Safety Symbols

The product may have safety warning labels attached to it, explained below. Understand the symbols on your product and their meanings. If any stickers become unreadable, unattached etc., replace them.

 <p><b>Flammable Material Hazard</b> Flammable liquids, gases or substances etc may present. Avoid ignition sources and open flames. Danger of fire.</p>	 <p><b>Read User Manual</b> Read and fully understand product safety warnings, operation, procedures etc before using the product.</p>	 <p><b>Use Hand Protection</b> Wear appropriate hand protection and take due care as the product or use of the product may present hand hazards.</p>	 <p><b>Carbon-Monoxide Hazard</b> Do not use the product in confined areas or without adequate ventilation. Carbon-monoxide poisoning can be fatal.</p>
 <p><b>Electrocution / Electrical Shock Hazard</b> High voltage or high current electricity may be present or required by the product. Take due care when handling electrical products, cables, plugs and leads. Electrical shock can be fatal.</p>	 <p><b>Toxic Fumes / Dust Hazard</b> Using the product or by-products from use may produce fumes, smoke or particles that could be harmful if inhaled. Wear appropriate breathing protection and have adequate ventilation.</p>	 <p><b>Explosive Material Hazard</b> Combustible liquids, gases or substances etc may be present. Avoid ignition sources and open flames. Danger of explosion.</p>	 <p><b>Cutting / Amputation Hazard</b> The product may have blades, edges or mechanical devices that can cause severe cut injury to fingers, limbs etc. Take due care when handling and using the product.</p>
 <p><b>Crush Hazard</b> The product may have blades, edges or mechanical devices that can cause severe crush injury to fingers, limbs etc. Take due care when handling and using the product.</p>	 <p><b>Single Operator Only</b> The product must be operated by a single person only. More than one person operating the product may introduce additional hazards.</p>	 <p><b>Use Face Protection</b> Wear appropriate full-face protection and take due care as the product or use of the product may present face and eye hazards.</p>	 <p><b>Use Foot Protection</b> Wear appropriate foot protection and take due care as the product or use of the product may present foot hazards.</p>
 <p><b>Use Eye / Ear / Head Protection</b> Wear appropriate eye and / or ear and / or head protection and take due care as the product or use of the product may present eye, hearing and head hazards.</p>	 <p><b>Running Hazard</b> Do not run on or near the product as doing so may present a fall hazard.</p>	 <p><b>Diving Hazard</b> Do not dive into the product as doing so may present a neck / head injury hazard.</p>	 <p><b>Adult Supervision Required</b> Always supervise children and other users of a product to prevent drowning or injury.</p>
 <p><b>Skin Penetration / Puncture Hazard</b> The product may produce pressure, emit liquids or objects that can cause severe injury to fingers, limbs, blood etc. Take due care when handling and using the product.</p>	 <p><b>Hot Surface Hazard</b> Be aware that the product may produce high temperatures and hot surfaces that can cause burn injuries.</p>	 <p><b>Flying Debris Hazard</b> Be aware that the product or use of the product may present hazards produced by flying debris. Wear appropriate clothing and protective devices.</p>	 <p><b>Moving Parts Hazard</b> Be aware that the product contains or uses mechanical devices that move or rotate. Always wait for moving parts to stop fully before handling the product, adjusting, maintenance etc.</p>

 <p><b>Carbon-Monoxide Hazard</b> Do not use the product in confined areas or without adequate ventilation. Carbon-monoxide poisoning can be fatal.</p>	 <p><b>Pull Hazard</b> Be aware that the product contains or uses mechanical devices that can pull in objects and can cause severe injury to fingers, limbs etc. Take due care when handling and using the product.</p>	 <p><b>Slope / Fall Injury Hazard</b> Be aware that using the product on sloping surfaces or in slippery conditions may present additional dangers from falls and contact with blades, moving parts, hot surfaces etc.</p>	 <p><b>"Slam Dunk" Warning</b> Do NOT attempt "slam dunk" manoeuvres as this may result in severe injury due to falling, product breakage or collapse etc.</p>
 <p><b>Electrocution / Electrical Shock Hazard - Outdoor</b> High voltage or high current electricity may be present or required by the product. Do NOT use in rain, damp or wet conditions. Electrical shock can be fatal.</p>	 <p><b>Electrocution / Electrical Shock Hazard - Disconnect</b> High voltage or high current electricity may be present or required by the product. Always disconnect the product from the electrical supply before handling the product, adjusting, maintenance etc.</p>	 <p><b>Power Line Electrocution Hazard</b> High voltage / high current power lines may be present. Use extreme caution to avoid contact or interference with power lines. Electrical shock can be fatal.</p>	 <p><b>"Kick-Back" Hazard</b> High level of "kick-back" hazard that can cause the machine to suddenly rotate towards operator. Kick-back injury can be fatal.</p>
 <p><b>Winch Operator Position Hazard</b> Do NOT stand between winch and load. Do NOT use winch to move people.</p>	 <p><b>Winch Lift Hazard</b> Do NOT LIFT load vertically. Use machine to PULL only.</p>	 <p><b>Cable Hazard</b> Ensure that load bearing cable is not kinked or knotted.</p>	 <p><b>Winch Cable Hazard</b> Ensure that there is a minimum number of cable coils on winching mechanism.</p>
 <p><b>Winch Hook Hazard</b> Carry hook to load – do NOT throw or run.</p>	 <p><b>Flash / Blinding Hazard</b> Wear appropriate eye protection for welding. Direct exposure to weld arcs may cause permanent eye injury.</p>	 <p><b>Laser Hazard</b> Laser may be in use – do NOT look directly at laser or allow others to.</p>	

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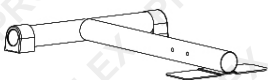
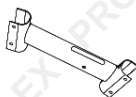
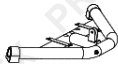
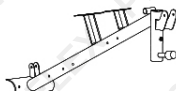
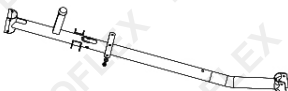


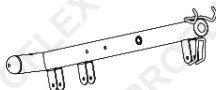
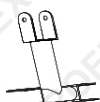




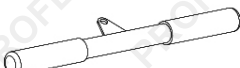




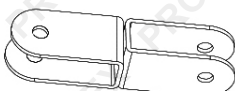











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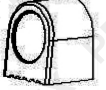




















# Parts Identification

Video Tutorial:


















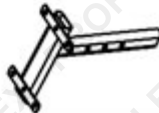
[Multi Gym Station - Weight Pole Bush](#)


## Spare Parts

1 Base Frame 1PC 	2 Seat post 1PC 	3 Rear Stabilizer 1PC 
4 Seat Beam 1PC 	5 Support Tube 1PC 	6 Leg Curl Tube 1PC 
7 Guiding Tube 2PCS 	8 Bridge Tube 1PC 	9 Connecting Part 1PC 
10L Butterfly Arm ( Left) 1PC 	10R Butterfly Arm (Right) 1PC 	11 Handlebar 2PCS 
12 Top Lat Bar 1PC 	13 Lower Lat Bar 1PC 	14 Foam Tube 2PCS 
15 Bracket for Backrest 2PCS 	16 Hex Bolt M12X80L 2PCS 	17 Adjustable Plate 2PCS 
18 Floating Pulley Bracket 1PC 	19 Selector Bar 1PC 	20 Pulley Bracket 2PCS 
21 Axle for Pull Unit 1PC 	22 Hex Bolt M8 x 20L 20PCS 	23 Hex Bolt M10 x 60L 2PCS 
24 Hex Bolt M8 x10L 8PCS 	25 Hex Bolt M10 x 40L 10PCS 	26 Hex Bolt M10 x 45L 1PC 
27 Carriage Bolt M10x70L 2PCS 	28 Hex Bolt M10x70L 1PC 	29 Hex Bolt M12x 75L 1PC 

30 Hex Bolt M10 x 80L 11PCS 	31 Metal Bushing $\Phi$ 12 4PC 	32 Weight Stack Pin 1PC 
33 Flat Washers M8 18PCS 	34 Arc Washers M10 4PCS 	35 Flat Washer M10 28PCS 
36 Flat Washer M12 8PCS 	37 Big Flat Washer M12 1PC 	38 Metal Bushing $\Phi$ 16 2PCS 
39 M10 Nylon Nut 29PCS 	40 M12 Nylon Nut 5PCS 	41 Fixing Pin 1PC 
42 End Cap 4PC 	43 $\Phi$ 60 Round Cap 2PC 	44 $\Phi$ 60 Flat Cap 2PC 
45 $\Phi$ 50 Flat Cap 8PC 	46 $\Phi$ 25 Flat Cap 6PC 	47 Pin 1PC 
48 Rubber Ring 2PCS 	49 $\phi$ 100 Pulley 13PCS 	49A $\phi$ 100 Pulley A 1PC 
50 Cap for Pulley 2PCS 	51A Plastic Bushing 2PCS SM 	51B Plastic Bushing 6PCS LA 
52 Rubber Cushion 2PCS 	53 Foam 2PCS 	54 Foam 4PCS 
55 Foam 2PCS 	56 Hand Grip 2PCS 	57 Black fixing Bushing 1PC 
58 $\Phi$ 25 End Cap 1PC 	59 Back cushion 1PC 	60 Seat cushion 1PC 



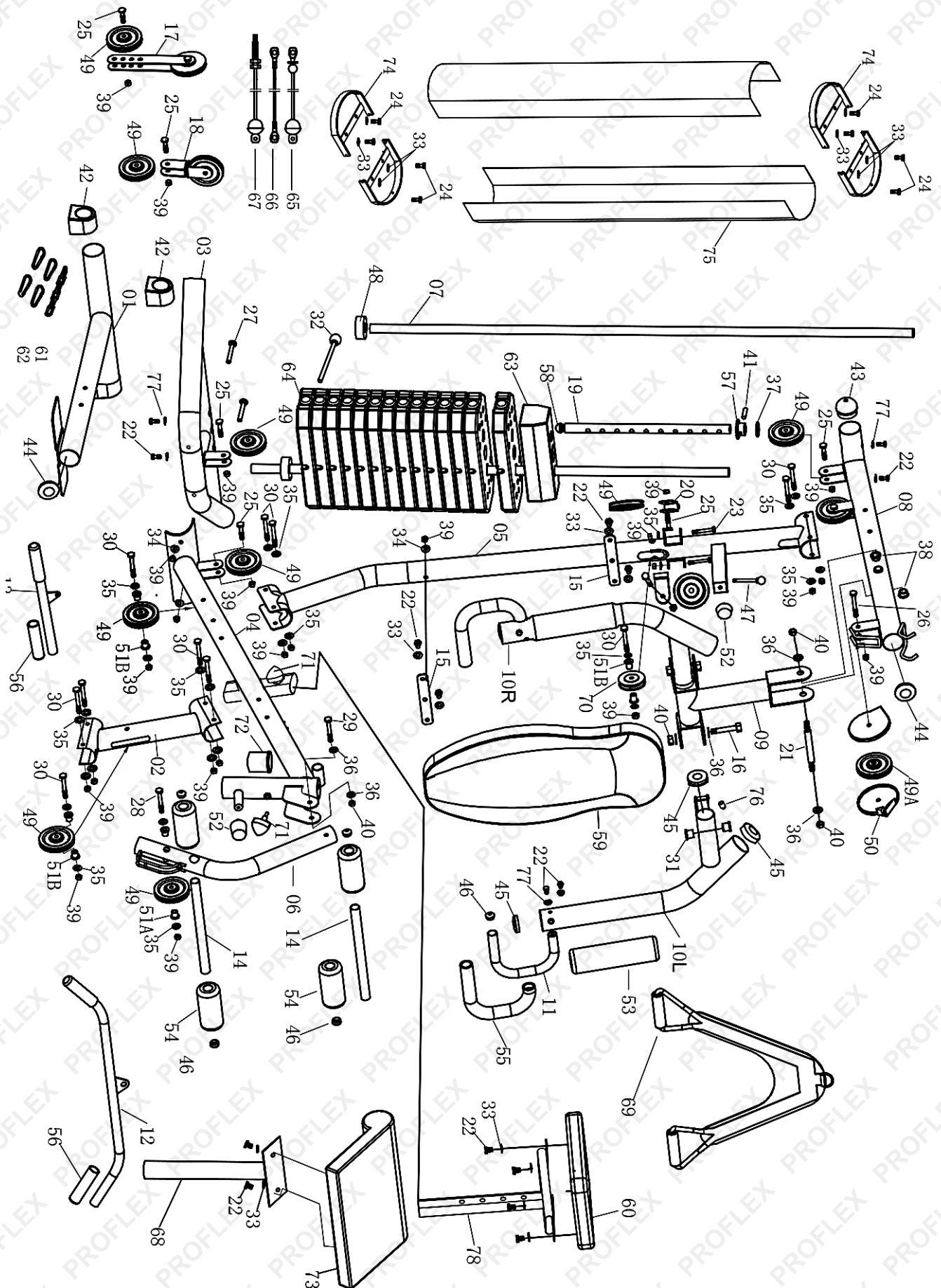
61 Chain 6 Links 1PC 	62 Snap Hook 4PCS 	63 Top Plate (8lbs) 1PC 
64 Weight Plates *varies 	65 Cable for Lat Bar 1PC 	66 Cable for Butterfly Arm 1PC 
67 Cable for Lower Pull Bar 1PC 	68 Cushion Support tube 1PC 	69 Shoulder Harness 1PC 
70 φ75 Pulley 1PC 	71 Knob 2PC 	72 Bushing 1PC 
73 Elbow Cushion 1PC 	74 Bracket for Cloth Cover 4PCS 	75 Cloth Cover 2PCS 
76 Grip 2PCS 	77 Arc Washers M8 10PCS 	78 Seat Support Frame 1PCS 

**\* PLEASE NOTE:** Weight plate amount may vary per model. Please refer to your model's SKU to determine the amount of weight plates that came with it.

**FTNMFGPRFAM91 (98lbs):** 9 weight plates

**FTNMFGPRFAM93 (128lbs):** 12 weight plates

# Exploded Diagram



## Parts List

Part No.	Description	Qty.
1	Base Frame	1
2	Seat post	1
3	Rear Stabilizer	1
4	Seat Beam	1
5	Support Tube	1
6	Leg Curl Tube	1
7	Guiding Tube	2
8	Ridge Tube	1
9	Connecting Part	1
10L	Butterfly Arm (Left)	1
10R	Butterfly Arm (Right)	1
11	Handlebar	2
12	Top Lat Bar	1
13	Lower Lat Bar	1
14	Foam Tube	2
15	Bracket for Backrest	2
16	Hex Bolt M12X80L	2
17	Adjustable Plate	2
18	Floating Pulley Bracket	1
19	Selector Bar	1
20	Pulley Bracket	2
21	Axle for Pull Unit	1
22	Hex Bolt M8 x 20L	20
23	Hex Bolt M10 x 60L	2
24	Hex Bolt M8 x10L	8
25	Hex Bolt M10 x 40L	10
26	Hex Bolt M10 x 45L	1
27	Carriage Bolt M10 x 70L	2
28	Hex Bolt M10 x 70L	1
29	Hex Bolt M12x 75L	1
30	Hex Bolt M10 x 80L	11
31	Metal Bushing $\phi$ 12	4
32	Weight Plate Pin	1
33	Flat Washers M8	18

Part No.	Description	Qty.
41	Fixing Pin	1
42	End Cap	4
43	$\phi$ 60 Round Cap	2
44	$\phi$ 60 Flat Cap	2
45	$\phi$ 50 Flat Cap	8
46	$\phi$ 25 Flat Cap	6
47	Pin	1
48	Rubber Ring	2
49	$\phi$ 100 Pulley	13
49A	$\phi$ 100 Pulley A	1
50	Cap for Pulley	2
51A	Plastic Bushing SM	6
51B	Plastic Bushing LA	2
52	Rubber Cushion	2
53	Foam	2
54	Foam	4
55	Foam	2
56	Hand Grip	4
57	Black fixing Bushing	1
58	$\phi$ 25 End Cap	1
59	Back cushion	1
60	Seat cushion	1
61	Chain 6 Links	1
62	Snap Hook	4
63	Top Plate	1
64	Weight Plate	varies
65	Cable for Lat Bar	1
66	Cable for Butterfly Arm	1
67	Cable for Lower Pull Bar	1
68	Cushion Support tube	1
69	Shoulder Harness	1
70	$\phi$ 75 Pulley	1
71	Knob	2
72	Bushing	1

Part No.	Description	Qty.
34	Arc Washers M10	4
35	Flat Washer M10	28
36	Flat Washer M12	8
37	Big Flat Washer M12	1
38	Metal Bushing $\phi 16$	2
39	M10 Nylon Nut	29
40	M12 Nylon Nut	5

Part No.	Description	Qty.
73	Elbow Cushion	1
74	Bracket for Cloth Cover	4
75	Cloth Cover	2
76	Grip	2
77	Arc Washers M8	10
78	78 Seat Support Frame	1



# Assembly and Set-Up

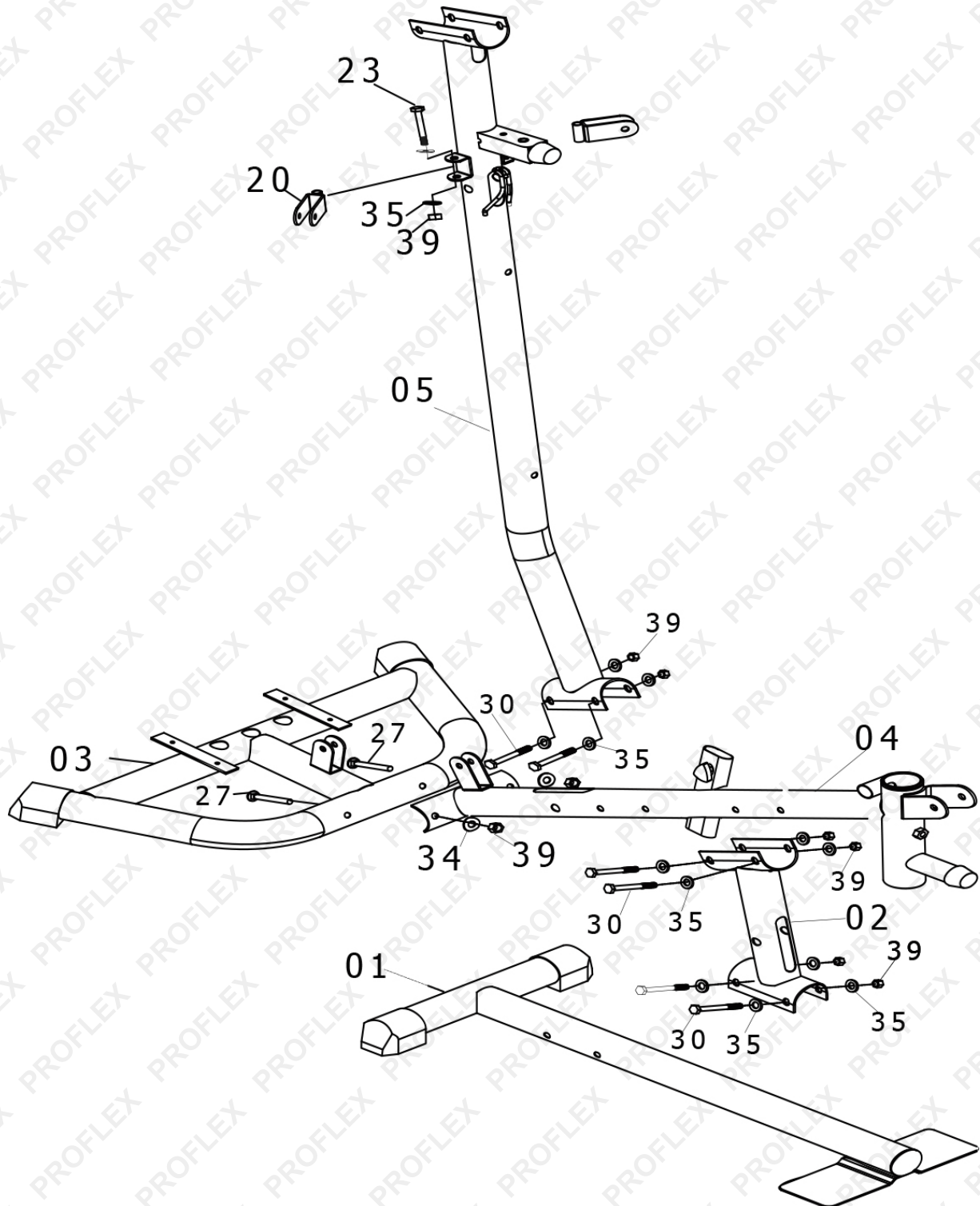
Video Tutorial:

[Multi Gym Station - Assembly](#)



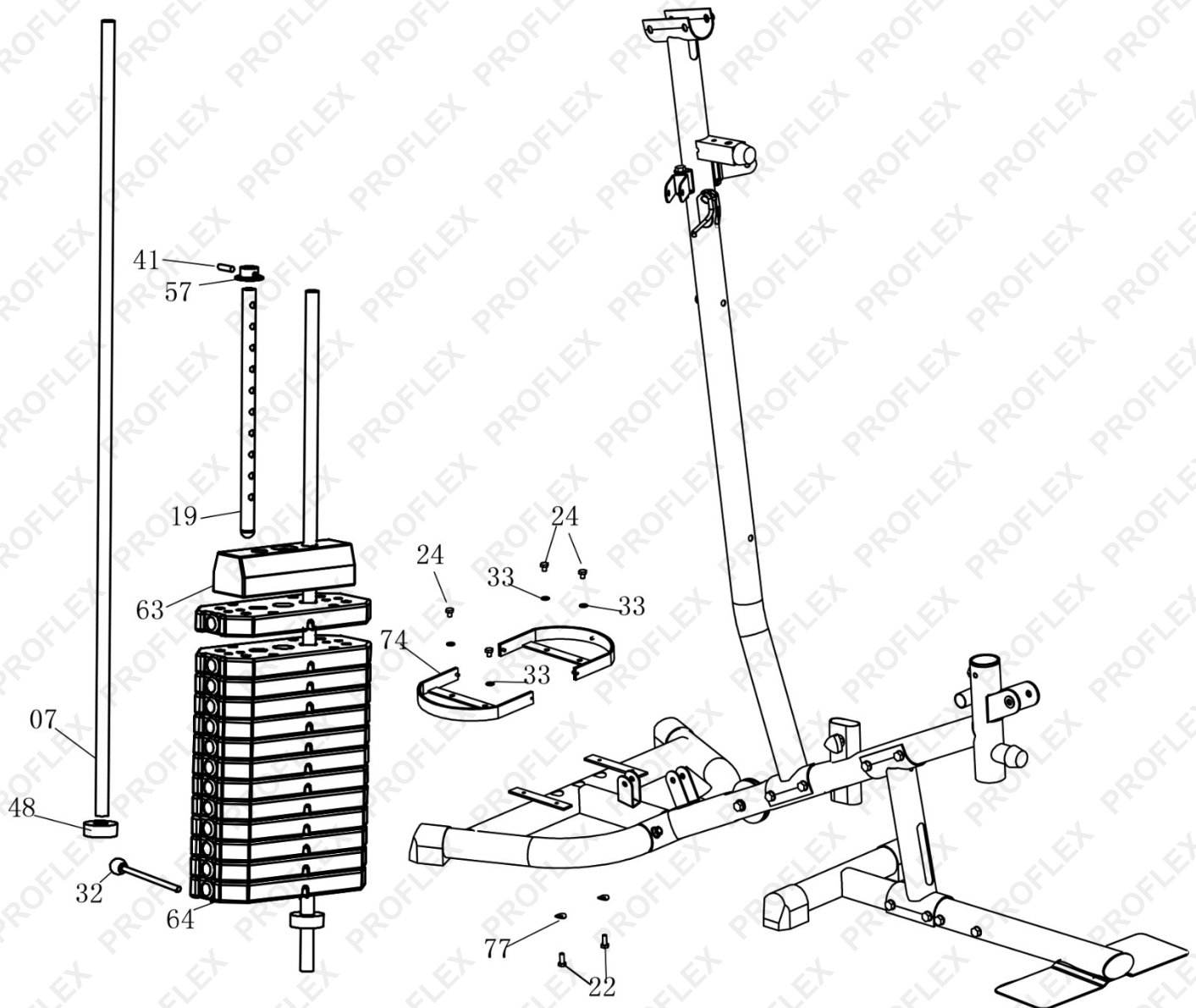
## Step 1

1. Attach the Seat post (2), the Seat Beam (4), the Support Tube (5) to the Base Frame (1) with 6pcs Hex Bolt (30), 12pcs Washer (35) and 6pcs Nylon Nut (39).
2. Attach the Rear Stabilizer (3) to the Seat Beam (4) with 2pcs Carriage Bolt (27), 2pcs Washer (34) and 2pcs Nylon Nut (39).
3. Attach the Pulley Bracket (20) to the Support Tube (5) with 2pcs Hex Bolt (23), 4pcs Washer (35) and 2pcs Nylon Nut (39).



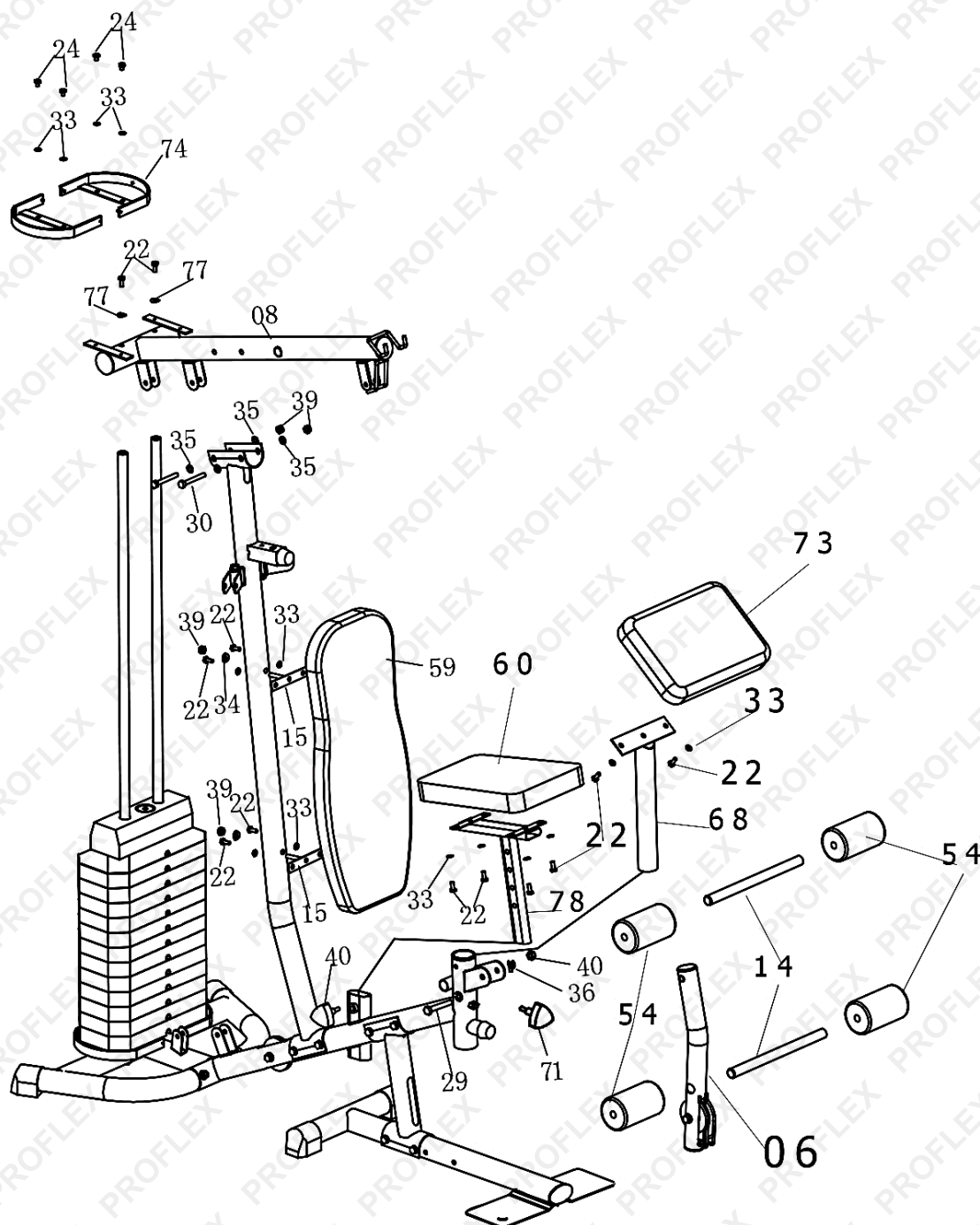
**Step 2**

1. Attach the Bracket for Cloth Cover (74) to the Rear Stabilizer (3) with 4pcs Hex Bolt (24), 4pcs Washer (33)
2. Insert the Guide Tube (7) to the two Rubber Ring (48), then secure to the Rear Stabilizer (3) with 2pcs. Hex Bolt (22), 2pcs. Washer (77).
3. Assemble the Top Plate (63), 9pcs. Weight Plate (64) to the two Guide Tubes (7).
4. Secure the Black fixing Bushing (57) to the first hole of the Selector Bar (19) with the Fixing Pin (41), then attach to the Selector Bar (19). Insert the Selector Bar (19) to the Weight Plate (64). Attach the Weight Plate Pin (32) to the Weight Plate (64).



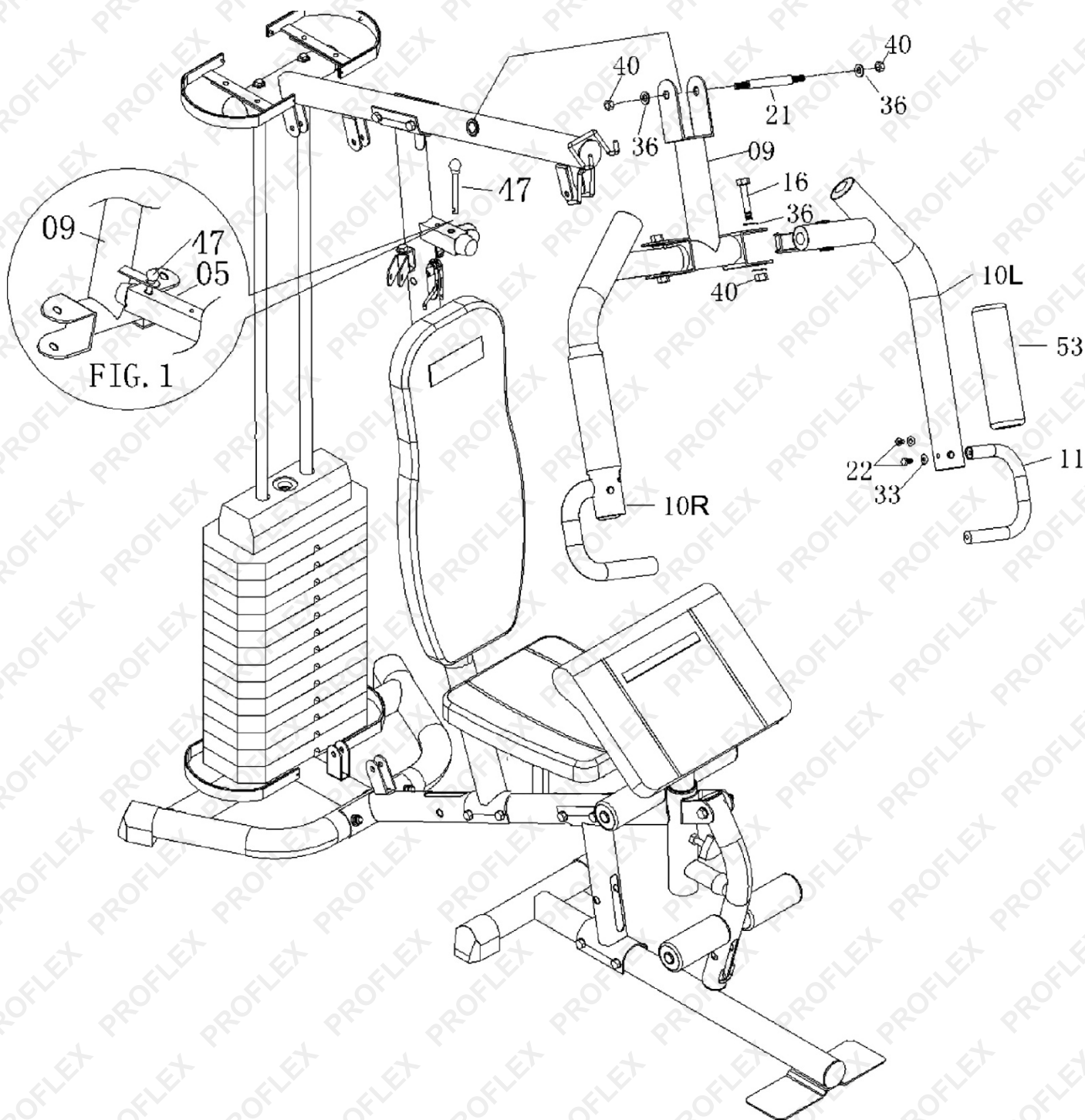
**Step 3**

1. Attach the Bracket for Cloth Cover (74) to the Ridge Tube (8) with 4pcs. Hex Bolt (24), 4pcs. Washer (33).
2. Attach the Ridge Tube (8) to the Support Tube (5) with 2pcs. Hex Bolt (30), 4pcs. Washer (35), 2pcs. Nylon Nut (39), 2pcs. Hex Bolt (22) and 4pcs. Arc Washers (77).
3. Attach the Bracket for Backrest (15) to the Support Tube (5) with 2pcs. Washer (34) and 2pcs. Nylon Nut (39). Then attach the Back cushion (59) to the Bracket for Backrest (15) with 4pcs. Hex Bolt (22), 4pcs. Washer (33).
4. Attach the Seat cushion (60) to the Seat Beam (78) with 4pcs. Hex Bolt (22), 4pcs. Washer (33), the Seat Support Frame (78) to the Seat Beam (4) with knob (71).
5. Attach the Elbow Cushion (73) to the Cushion Support tube (68) with 2pcs. Hex Bolt (22), 2pcs. Washer (33). Then attach the Cushion Support Tube (68) to the Seat Beam (4) with 1pc. Knob (71).
6. Attach the Leg Curl Tube (6) to the Seat Beam (4) with 1pc. Hex Bolt (29), 2pcs. Washer (36), 1pc. Nylon Nut (40). Then attach the Foam Tube (14) and Foam (54) to the Leg Curl Tube (6).



**Step 4**

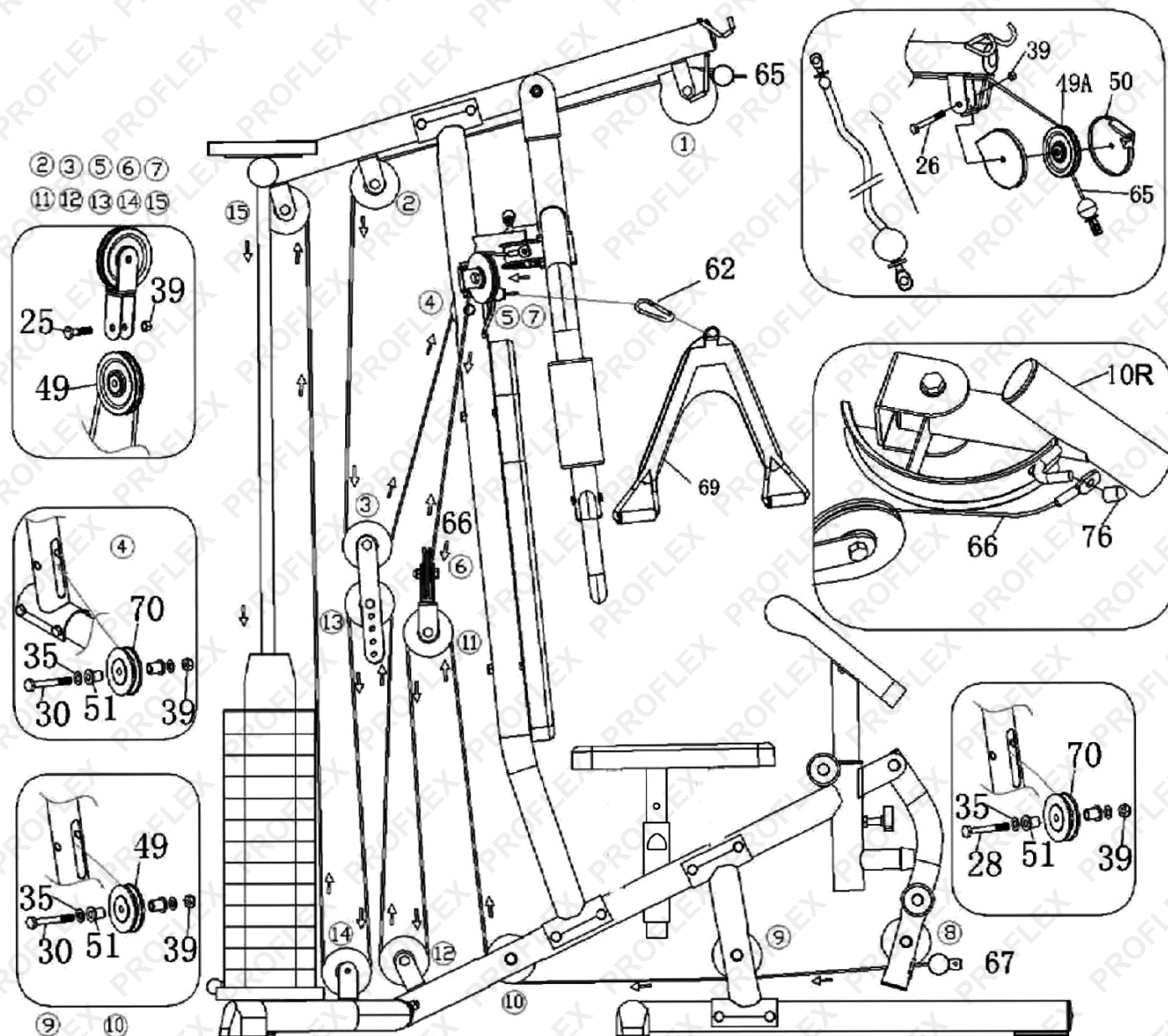
1. Attach the Connecting Part (9) to the Ridge Tube (8) with 1pc. Axle for Pull Unit (21), 2pcs. Washer (36) and 2pcs. Nylon Nut (40). Then, attach the Connecting Part (9) to the Support Tube (5) with 1pc Pin (47).
2. Attach the Butterfly Arm (10L/10R) to the Connecting Part (9) with 2pcs. Hex Bolt (16), 4pcs. Washer (36) and 2pcs. Nylon Nut (40), then assemble the form (53).
3. Attach the Handlebar (11) to the Butterfly Arm (10L/10R) with 6pcs. Hex Bolt (22), 6pcs. Washer (33).





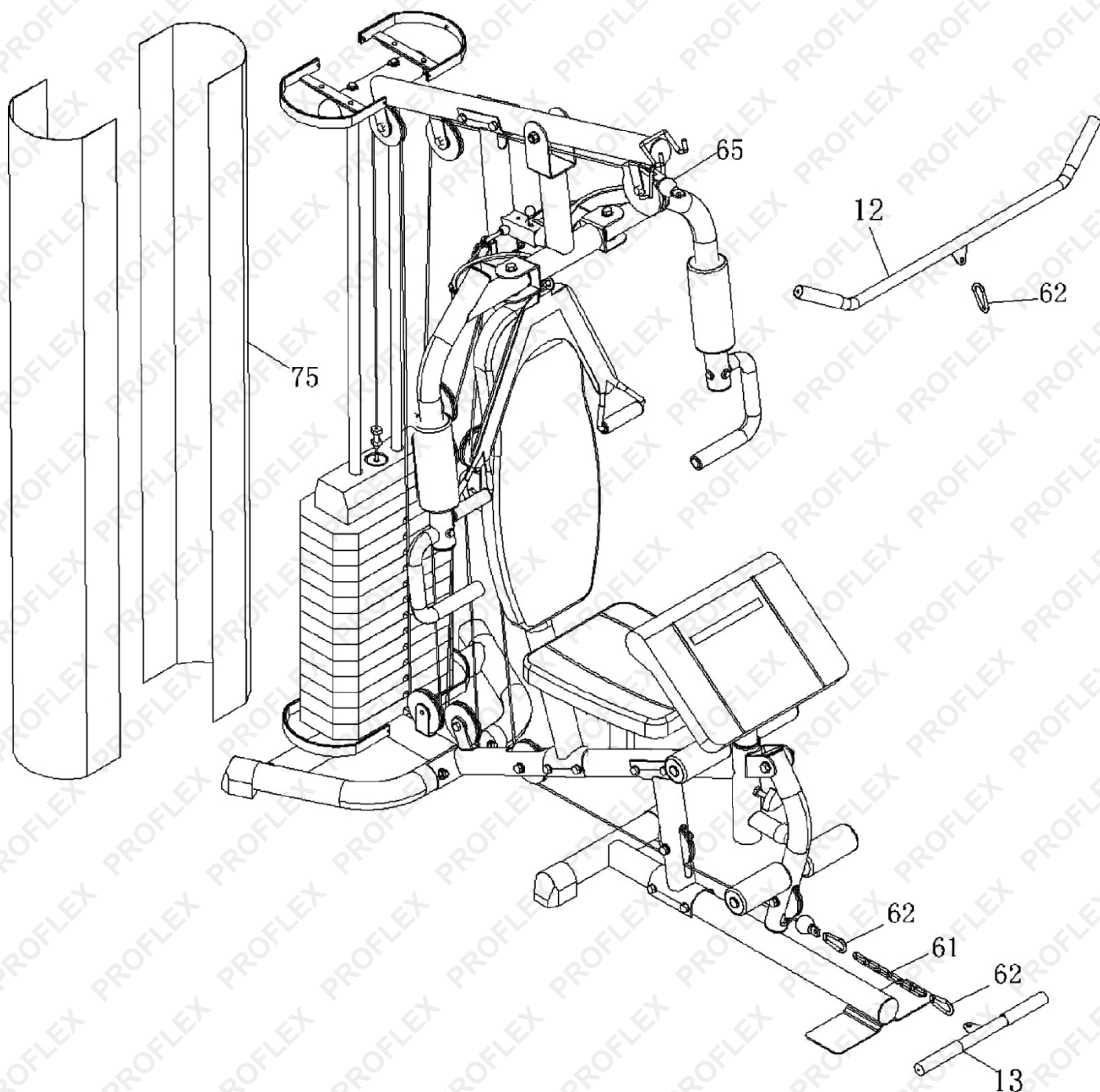
**Step 5**

Attach the Pulley (49/49A/70), the Cable (65/66/67), the Shoulder Harness (69) to the Frame.



**Step 6**

1. Attach the Cloth Cover (75) to the Bracket for Cloth Cover (74).
2. Attach the Top Lat Bar (12) to the Cable for Lat Bar (65) with the hook (62).
3. Attach the Lower Lat Bar (13) to the Cable for Lower Pull Bar (67) with the hook (62), the Chain 6 Links (61).

**Specifications**

<b>Model</b>	M8200
<b>Frame</b>	Powder-coated steel



**Some experts believe that the incorrect or prolonged use of almost any product may cause serious injury or death. To help reduce your risk of serious injury or death, refer to the information below. For more information, see [www.datastreamserver.com/safety](http://www.datastreamserver.com/safety)**

- Consult all documentation, packaging and product labelling before use. Note that some products feature documentation available online. It is recommended to print and retain the documentation.
- Before each use, check the product for loose/broken/damaged/missing parts, wear or leaks (if applicable). Never use a product with loose/broken/damaged/missing parts, wear or leaks.
- Products must be inspected and serviced (if applicable) by a qualified technician every 6 months. This is based on average residential use by persons of average size and strength, and on a property of average metropolitan size. Use beyond these recommendations may require more frequent inspections/servicing.
- Ensure that all users of the product have completed a suitable industry recognised training course before being allowed access to the product.
- The product has been supplied by a general merchandise retailer that may not be familiar with your specific application or description of application. Be sure to attain third-party approval from a qualified specialist for your application before use, regardless of any assurances from the retailer or its representatives.
- This product is not intended for use where fail-safe operation is required. As with any product (for example, automobile, computer, toaster), there is the possibility of technical issues that may require the repair or replacement of parts, or the product itself. If the possibility of such failure and the associated time it may take to rectify could in any way inconvenience the user, business or employee, or financially affect the user, business or employee, then the product is not suitable for your requirements. This product is not intended for use where incorrect operation or a failure of any kind, including but not limited to, a condition requiring product return, replacement, parts replacement or service by a technician may cause financial loss, loss of employee time or an inconvenience requiring compensation.
- If this product has been purchased in error when considering the information presented here, contact the retailer directly for details of their returns policy, if required.

